



## Kristin Conquers Lhotse: A Remarkable Achievement in Mountaineering

**Lhotse, Nepal – May 23, approx. 11:15AM** - Celebrated mountaineer Kristin has achieved yet another extraordinary feat by successfully summiting Lhotse, the fourth highest mountain in the world, and her sixth mountain this year in her attempt to break the world record. This remarkable accomplishment adds to her impressive list of summits, showcasing her determination, skill, and unwavering passion for mountaineering.

Lhotse, standing proudly at 8,516 meters (27,940 feet), is situated in the awe-inspiring Himalayas. Its challenging terrain, icy slopes, and extreme altitude make it a formidable adversary for even the most experienced climbers. With determination, focus and the help of her teammates, Kristin overcame the challenges posed by Lhotse's treacherous landscape to reach the summit.

Just 8 hours after summiting Everest, Kristin and her team reached the Lhotse summit at around 11:15am local time. Not only has Kristin conquered Lhotse, but she also holds the title of the fastest woman to climb Everest and Lhotse. In 2022, she completed two extraordinary summits in 8.5 hours, setting a new standard for speed and endurance in high-altitude mountaineering. Today, she has beat her own record by climbing the two mountains even faster than she had before. Her remarkable feat showcases her exceptional physical and mental strength, as well as her ability to navigate challenging terrain with speed and precision.

Big round of applause to Kristin and her entire climbing team for this successful summit of Lhotse, including Tenjen (Lama) Sherpa who has climbed every mountain this year with her so far. Kristin would also like to extend her thanks to her amazing team of sponsors: Bremont, Osprey, Scarpa, SpareBank 1 Nord-Norge, Sparebanken Vest, Helsport, Global Rescue, Outdoor and REAL Turmat. She would also like to thank all those who have contributed to her climb and all her followers.

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